Coaches:

We would like to thank you for your team attending and competing in this year’s Americas Invitational being held on March 20th and 21st, 2020.

Entries will be entered on runnercard.com. The entry deadline will be Wednesday March 18, 2020 at 1:00pm**. You may enter only three athletes per event and divisions**. There will be scratches at the meet, but no add on’s. There will be three throws/jumps for Varsity only plus finals. Junior Varsity and freshmen will have four throws. Standards will be set for 9th/JV throws and the 1st throw will be marked. If all throws after the 1st mark recorded do not meet the standards, the throw will not be recorded. **The schedule below will indicate work assignments. Please bring your own measuring tape to work your event.** The 3200m run will be timed finals on Friday andall relays and the 800m run will run as timed finals on Saturday. Medals are awarded to the top three competitors in each timed final event. At the start of the meet on Friday all girls will be participating in field events while all boys will be participate in running events. Once field events and running events have finished, we will flip the order and have boys participating in field events and girls running. If you should have any questions, please call me at (915)539-5631.

Hospitality is available to all Coaches and volunteers located in the locker room. Lunch will be served Friday and breakfast on Saturday for Coaches and volunteers. Please inform your athletes they may use the restrooms near the concession’s areas and not to go into the locker rooms.

Dwan Smith

**Throwing Standards**

**Boys Shot Put** **Boys Discus Girls Discus**  **Girls Shot Put**

Junior Varsity-31ft. Junior Varsity-85ft. Junior Varsity-70 ft Junior Varsity-21ft.

Freshmen-28ft. Freshmen-75ft. Freshmen-60 ft. Freshmen- 18ft.

Friday March 20, 2020 (rolling schedule)

**9:30am** Scratch meeting

**10:00am** Running Events **(Boys) 10:00am** Field Events **(Girls)**

**3200m run timed finals** Long Jump- Fresh, JV, Varsity **(Harmony/YWLA)**

110 hurdles Triple Jump- Varsity, Fresh, JV **(Loretto)**

100m Dash Shot Put- Varsity, JV, Fresh **(Jefferson)**

400m Dash Discus- Freshmen, Varsity, JV **(Cathedral)**

300 Hurdles High Jump- Varsity, JV, Freshmen **(Irvin)**

200m Dash

**1:15pm** Running Events **(Girls) 1:15pm** Field Events **(Boys)**

**3200m run timed finals** Long Jump- Fresh, JV, Varsity **(Riverside)**

110 hurdles Triple Jump- Varsity, Fresh, JV **(El Paso)**

100m Dash Shot Put- Varsity, JV, Fresh **(Bel Air)**

400m Dash Discus- Freshmen, Varsity, JV **(Anthony)**

300 Hurdles High Jump- Varsity, JV, Fresh **(San Elizario)**

200m Dash

Saturday March 21, 2020 (rolling schedule)

**9:00am** Running Events **(All Finals)** **8:30am** Field Events

4x100 Relays Pole Vault- Varsity, JV, Fresh Girls **(Burges)**

800m Varsity, JV, Fresh Boys **(Del Valle)**

100m Hurdles

110m Hurdles

100m Dash

4x200m Relays

400m Dash

300 Hurdles

200m Dash

1600m run

4x400 Relay

**Exchange Zone Judges**

El Dorado

Socorro

**Volunteers**

Announcer: Ken Lucero

Scorers: Candy Anson

Starter: Patrick Melton

Backup Starter: Pedro Perez

Starting Clerk: Dale Laverty

Finishing Clerk: Frank Corral

Hurdle Setters: Americas Track Team

Lane Chief #1- Oscar Mendoza

Lane Chief #2- Gil Romo