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|  Varsity- Running Events (Girls, Boys) | Junior Varsity- Running (Girls, Boys) |
| 3000m @ 7:45am 4x100 Relay 800m 100m Hurdles 110m Hurdles 100m 4x200 Relay 400m 300m Hurdles 200m 1500m 4x400 Relay  | 3000m @ 2:30  2:45pm 4x100 Relay 800m 100m Hurdles 110m Hurdles 100m 4x200 Relay 400m 300m Hurdles 200m 1500m 4x400 Relay  |

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| Varsity Jumps & Field Events | JV Jumps & Field Events |
| Shot Put- 8:00am Girls, BoysDiscus- 8:00am Boys, Girls Long Jump- 8:00- 9:30am Girls, 9:30- 11:00am Boys Triple Jump-8:00- 9:30am Boys, 9:30- 11:00am Girls **Pole Vault (THURSDAY @ 4:30 PM at SAC)**\*\*High Jump- 7:30am (Boys-East Pit) (Girls-West Pit)  | Shot Put- 2:30pm Girls, BoysDiscus- 2:30pm Boys, Girls Long Jump- 3:00-4:30pm Girls, 4:30-6:00pm Boys Triple Jump- 3:00-:00pm Boys, 4:30-6:00pm Girls **Pole Vault (THURSDAY @ 4:30 PM at SAC)**\*\*High Jump- 2:30pm (Boys-East Pit) (Girls-West Pit)  |

Eastwood: Triple Jump

Eastlake: Pole Vault

Franklin: Discus

Socorro: Shot Put

Pebble Hills: High Jump

Americas: Long Jump

El Dorado: Exchange zones