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| Varsity- Running Events (Girls, Boys) | Junior Varsity- Running (Girls, Boys) |
| 3000m @ 7:45am  4x100 Relay  800m  100m Hurdles  110m Hurdles  100m  4x200 Relay  400m  300m Hurdles  200m  1500m  4x400 Relay | 3000m @ 2:30  2:45pm  4x100 Relay  800m  100m Hurdles  110m Hurdles  100m  4x200 Relay  400m  300m Hurdles  200m  1500m  4x400 Relay |

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| Varsity Jumps & Field Events | JV Jumps & Field Events |
| Shot Put- 8:00am Girls, Boys  Discus- 8:00am Boys, Girls  Long Jump- 8:00- 9:30am Girls, 9:30- 11:00am Boys  Triple Jump-8:00- 9:30am Boys, 9:30- 11:00am Girls  **Pole Vault (THURSDAY @ 4:30 PM at SAC)**  \*\*High Jump- 7:30am (Boys-East Pit) (Girls-West Pit) | Shot Put- 2:30pm Girls, Boys  Discus- 2:30pm Boys, Girls  Long Jump- 3:00-4:30pm Girls, 4:30-6:00pm Boys  Triple Jump- 3:00-:00pm Boys, 4:30-6:00pm Girls  **Pole Vault (THURSDAY @ 4:30 PM at SAC)**  \*\*High Jump- 2:30pm (Boys-East Pit) (Girls-West Pit) |

Eastwood: Triple Jump

Eastlake: Pole Vault

Franklin: Discus

Socorro: Shot Put

Pebble Hills: High Jump

Americas: Long Jump

El Dorado: Exchange zones