**26th Annual Americas Track Meet**

**Thank you coaches to you and your teams for attending our track meet. Preliminaries for all running events are set for February 11th (There are no prelims for the 3200m. Finals will be ran on Friday February11th). Runnercard will open Sunday. Field events will have minimum distance requirements after the first attempt and vertical jumps will have starting heights. Although restrictions have been lifted, it is suggested that student athletes still practice COVID-19 risk reduction strategies such as wearing masks, washing hands, and staying out of the warm up areas if they are not competing. There will be a rolling schedule. Runner card will be open February 1st and will close February 10th at 12:00pm.**

**Event Assignments**

**Eastwood-Shot Put**

**Coronado-Discus**

**San Elizario/Cathedral-Long Jump**

**Ysleta-Triple Jump**

**Chapin-High Jump**

**Franklin-Pole Vault**

**Eastlake- 4x1 Exchange Zones/800m waterfall**

**Socorro- 4x2 Exchange Zones**

**Minimum Requirements for Horizontal Jumps and Throwing Field Events**

**Each athlete will have their 1st attempt measured. After that, the athlete must make the minimum requirements for their attempt to be measured. Varsity will get three attempts then finals, JV will get four attempts no finals, and freshman will get three attempts no finals. If you are judging a field event please make sure you provide your own measuring tape.**

**Varsity Girls Varsity Boys JV Girls JV Boys Frosh Girls Frosh Boys**

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| **Shot Put** | **30 ft** | **38 ft** | **28 ft** | **35 ft** | **25 ft** | **30 ft** |
| **Discus** | **110 ft** | **120 ft** | **70 ft** | **90 ft** | **40 ft** | **60 ft** |
| **Triple Jump** | **28 ft** | **36 ft** | **25 ft** | **34 ft** | **23 ft** | **33 ft** |
| **Long Jump** | **15 ft** | **18 ft** | **13 ft** | **16 ft** | **11 ft** | **14 ft** |

**Starting Heights for Vertical Jumps**

**Varsity Girls Varsity Boys JV Girls JV Boys Frosh Girls Frosh Boys**

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| **High Jump** | **4’2** | **5’2** | **4’0** | **5’0** | **3’8** | **4’8** |
| **Pole Vault** | **6’0** | **6’0** | **6’0** | **6’0** | **6’0** | **6’0** |

**DAY ONE FEBRUARY 11th, 2022**

**Boys Preliminary Events Girls Field Events**

**3200 m run (Finals all levels) 3:00 pm Boys Varsity Pole Vault Girls**

**110m Hurdles Boys Freshmen Long Jump Girls**

**100m Varsity Triple Jump**

**400m Varsity shot put**

**300m Hurdles Freshman Disc**

**200m Varsity High Jump**

**4:00pm Boys JV Long Jump Girls**

**JV Pole Vault Girls**

**Freshman Triple Jump**

**JV Shotput**

**Varsity Discus**

**JV High Jump**

**5:00pm Boys Varsity Long Jump Girls**

**JV Triple Jump**

**Freshman Shotput**

**JV Discus**

**Freshman High Jump**

**Freshman Pole Vault**

**Girls Preliminary Events**

**3200m run (Finals all levels)**

**100m Hurdles 6:15pm Girls Freshmen Long Jump Boys**

**100m Varsity Triple Jump**

**400m Varsity shot put**

**300m Hurdles Freshman Disc**

**200m Varsity High Jump**

**Varsity Pole Vault**

**7:15pm Girls JV Long Jump Boys**

**JV Pole Vault**

**Freshman Triple Jump**

**JV Shotput**

**Varsity Discus**

**JV High Jump**

**8:15pm Girls Varsity Long Jump Boys**

**JV Triple Jump**

**Freshman Shotput**

**JV Discus**

**Freshman High Jump**

**Freshman Pole Vault Boys**

**DAY TWO FEBRUARY 12th, 2022**

**Girls/Boys Finals**

**4x100m Relay 8:00am**

**800m Run 9:00am**

**100m/110m Hurdles**

**100m 10:00am**

**Senior Recognition**

**4x200m Relay**

**400m 11:00am**

**300m Hurdles**

**200m 12:00pm**

**1600m Run**

**4x400m Relay 1:00pm**