The Montwood/Socorro Invitatational

The Montwood/Socorro Invitational will be a one day meet starting at 3:00pm at the SAC on Friday March31. There will be a Girls Varsity and Open Division and a Boys Varsity and Open Division. Varsity will be limited to 3 entries and Open will have 4 entries. At the Open level teams may enter A and B Relays. All jumps and throws will be limited to 3 throws all levels. Pole Vault Girls and Boys will start at 3pm, High Jump boys and girls will use a double pit at the end of the PoleVault competition. All running events will be timed finals. The Boys will be running timed finals while the girls are completing their field events. Throws will take place at Eastlake High School. At 6pm the girls field events will be completed and a short pause in the meet will occur to honor the seniors from Montwood/Socorro. At the conclusion of the Senior presentation we will begin the Boys Field events, and Girls will begin the timed finals section of the meet.

Boys/Girls Field Events Girls Division 1st and Boys 2nd

High Jump: Varsity, Open

Triple Jump: Open, Varsity

Long Jump: Varsity. Open

Shot Put: Varsity, Open

Discus: Open, Varsity

Pole Vault: Open, Varsity

Running Events 3200 run Girls and Boys 3pm

4x100

800

High Hurdles

100

4x200m Relay

400

300 Hurdles

200

1600

4x400 Relay

All running events will be on a rolling schedule

Assignments

High Jump Girls: Hanks

Opening Heights JV Girls 4’4”, Varsity Girls 4’8”

High Jump Boys: Catherdal

Opening Heights JVBoys: 5’4, Varsity Boys 5’8”

Pole Vault Girls: Del Valle

Pole Vault Boys: Mt. View

Long Jump Girls: Eastlake

Long Jump Boys: Parkland

Triple Jump Girls: El Dorado

Shot Put Girls: Americas

Shot Put Boys: Riverside

Triple Jump Boys: Pebble Hills

Discus Girls: Horizon

Discus Boys: Bel Air

The Pole Vault will be girls 1st followed immediately by the boys

Opening Height for JV Girls 6-0, Varsity Girls 7-6 , JV Boys 7-6, Varsity Boys 8’6. Will role over immediately to High Jump Boys and Girls in double pits.

Exchange Zones: Clint, Tornillo

Any questions or Problems should be directed to Coach Dean Cardon {915} 252-9038. This is an abbreviated meet to allow recovery before the start of district the following meet.

Thank you,

Montwood and Socorro Coaching staff.