

SISD Athletics
Middle School Track Conference & District Schedule 2025

Tuesday, May 6, 2025: Conference 1 & 2

Girls' Field Events

3:30 p.m.: Girls' High Jump

4:30 p.m.: 7th Grade Girls' Triple Jump and Shot Put/ 8th Grade Girls' Long Jump and Discus

5:30 p.m.: 7th Grade Girls' Long Jump and Discus/ 8th Grade Girls' Triple Jump and Shot Put

Boys' Running Events

3:30 p.m.: Rolling Start 7th Boys/8th Boys

2,400m

4x100m relay

800m

110m hurdles

100m

4x200m relay

400m

300m hurdles

200m

1,600m

4x400m relay

SISD Athletics
Middle School Track Conference & District Schedule 2025

Wednesday, May 7, 2025: Conference 1 & 2

Boys' Field Events

3:30 p.m.: Boys' High Jump

4:30 p.m.: 7th Grade Boys' Triple Jump and Shot Put/ 8th Grade Boys' Long Jump and Discus

5:30 p.m.: 7th Grade Boys' Long Jump and Discus/ 8th Grade Boys' Triple Jump and Shot Put

Girls' Running Events

3:30 p.m.: Rolling Start 7th Girls/8th Girls

2,400m

4x100m relay

800m

110m hurdles

100m

4x200m relay

400m

300m hurdles

200m

1,600m

4x400m relay

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Middle School Track Conference & District Schedule 2025

Thursday, May 8, 2025: Conference 3 & 4

Girls' Field Events

3:30 p.m.: Girls' High Jump

4:30 p.m.: 7th Grade Girls' Triple Jump and Shot Put/ 8th Grade Girls' Long Jump and Discus

5:30 p.m.: 7th Grade Girls' Long Jump and Discus/ 8th Grade Girls' Triple Jump and Shot Put

Boys' Running Events

3:30 p.m.: Rolling Start 7th Boys/8th Boys

2,400m

4x100m relay

800m

110m hurdles

100m

4x200m relay

400m

300m hurdles

200m

1,600m

4x400m relay

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Saturday, May 10, 2025: Conference 3 & 4

Boys' Field Events

8:30 a.m.: Boys' High Jump

9:30 a.m.: 7th Grade Boys' Triple Jump and Shot Put/ 8th Grade Boys' Long Jump and Discus

10:30 a.m.: 7th Grade Boys' Long Jump and Discus/ 8th Grade Boys' Triple Jump and Shot Put

Girls' Running Events

8:30 a.m.: Rolling Start 7th Girls/8th Girls

2,400m

4x100m relay

800m

110m hurdles

100m

4x200m relay

400m

300m hurdles

200m

1,600m

4x400m relay

SISD Athletics
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Tuesday, May 13, 2025: District Events

Time	7G	8G	7B	8B
3:30 p.m.	LJ	TJ	SP	Disc
4:30 p.m.	SP	Disc	LJ	TJ
5:15 p.m.	2,400m	2,400m	2,400m	2,400m
5:30 p.m.	TJ	LJ	Disc	SP
6:30 p.m.	Disc	SP	TJ	LJ
6:30 p.m.	300H	300H	300H	300H

Wednesday, May 14, 2025: District Events

Time	Event
3:30 p.m.	Girls HJ (both mats)
4:30 p.m.	Boys HJ (both mats)
5:30 p.m.	4x100m
5:50 p.m.	800m
6:10 p.m.	100/110H
6:30 p.m.	100m
6:50 p.m.	4x200m
7:10 p.m.	400m
7:30 p.m.	200m
7:50 p.m.	1,600m
8:20 p.m.	4x400m

Events will be run 7G, 8G, 7B, 8B.