# **Anthony Middle School**



## **Track Invitational 2021**

Saturday, February 27, 2021 8:00 a.m. Scratch Meet

> Anthony Middle School 813 S 6<sup>th</sup> Street Anthony, Tx. 79821

### **Competing Schools**

Alderete, Anthony, Canutillo, Clint, East Montana, Fabens, Ft. Hancock, Garcia Enriquez, Horizon, Ricardo Estrada, Tornillo

(Boys and Girls- 7th and 8th Grade combined)

\*\*\*Medals will be awarded for 1st., 2nd, and 3rd. place. No team trophies will be awarded.

Contact: Coach Rueda (915) 355-3578 / Coach Villalobos (210) 941- 5904

Entries: Runnercard.com- Meet Name: Anthony Middle School Track Invitational 2021

Runner-card will close on Thursday, February 25, 2021 @ 12:00pm

#### **Event Schedule:**

| 8:00 Tea | ams begin | to | arrive. |
|----------|-----------|----|---------|
|----------|-----------|----|---------|

8:15 Scratch Meeting in MS Gym

8:45 First Call 110 Meter Hurdles (Boys)

8:50 First Call Field Events (Boys)

#### 9:00 Running Events Begin - Girls

9:00 Field Events – Boys – 3 attempts

110 Meter Hurdles –Boys (33")

100 Meter Hurdles -Girls (30") 2400 Meter Run

400 Meter Relay 800 Meter Run

100 Meter Dash

800 Meter Relay

400 Meter Dash

200 Meter Dash 1600 Meter Run

1600 Meter Relay

Discus - 1K

Shot Put - 8.8 lbs.

Long Jump Triple Jump High Jump

#### 11:15 Running Events Begin – Boys

2400 Meter Run 400 Meter Relay

800 Meter Run

100 Meter Dash

800 Meter Relay

400 Meter Dash

200 Meter Dash

1600 Meter Run

1600 Meter Relay

Field Events – Girls – 3 attempts

Discus - 1K

Shot put - 6 lbs.

Long Jump

Triple Jump

High Jump

#### Relays: 400 Relay

800 Relay

1<sup>st</sup> Exchange Judge: REMS

2<sup>nd</sup> Exchange Judge: Canutillo 3rd Exchange Judge: Fabens

1<sup>st</sup> Exchange Judge: REMS 2<sup>nd</sup> Exchange Judge: Canutillo 800/1600 Relay cut in Mark: Fabens

### Field Events Assignments: Please bring your own tape measure and sticks

Shot Put - Horizon/Tornillo

Triple Jump - EMMS

Discus - Clint

High Jump - Alderete

Long Jump - Ft. Hancock/GEMS

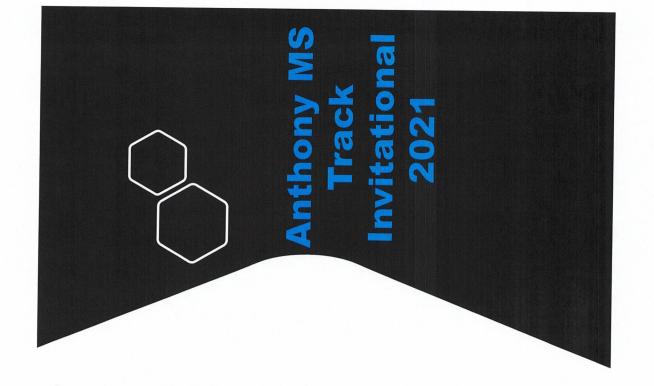
Hurdles/Blocks - Anthony

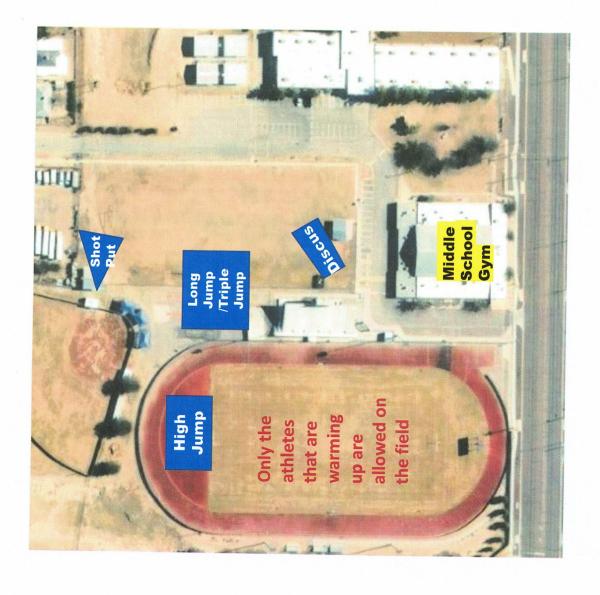
<sup>\*</sup>Boys Coaches will run boys field events and girls' coaches will run girls field event. Thank you!

#### **Information:**

Ms. Elizabeth Anaya, trainer, will be onsite for athletic care. All teams/ athletes are asked to bring their own personal water bottles. Water will be available in the trainer's area. Water will only be handled by the trainer.

- Teams are required to prescreen their athletes before arrival. Please complete the attached COVID-19 screening form for your teams and turn it in at the scratch meet.
- Due to COVID-19 protocols. No fans will be allowed.
- Limited snacks and beverages will be provided for coaches during scratch meet. No coffee breakfast or lunch will be served.
- Students and coaches are expected to practice 6 feet social distancing and wear a mask at all times unless they are actively competing in an event.
- Social distancing of at least six feet should be maintained when possible. No hugging, shaking hands, or fist bumps for support/encouragement.
- Coaches must direct athletes to stay in designated areas. Athletes must stay off the football field. Only those warming up for the events may be on the field.
- Restroom: there will be a male and female restroom available outside the middle school gym. Please instruct your athletes only one person allowed at a time.
- No metal spikes allowed in the stands.
- Team canopies may be set up in your designated area of the bleachers.
- Tell your athletes to use the trash cans so we can keep the Bleacher and field areas clean.
- No boomboxes or sports equipment other than those used in the meet.
- Final call is final call. If the athlete is not on the starting line they will be disqualified. Coaches, it is
  your responsibility to have your team ready. Tell your athletes they need to listen for their events. They
  will be scratched from a running event if they do not report to the clerk of the course by the third and
  final call.
- Athletes may participate in a total of 5 events with a limit of 3 running events. No more than 2
  running events may be over 400 meters. An athlete is permitted to enter 5 field events, but then no
  running events.
- Running events have a priority over field events, but athletes are expected to check in with the field event judge.
- 4 X 200 meter Relay- all runners will stay in their lanes the entire race (athlete does not cut into the first Lane)
- Hurdle heights are as follows: Boys 110 meters 33"s. Girls 100 meters 30"s.
- Shot Put: Girls 6 lbs., Boys 8.8 lbs
- Discus: Girls and Boys: 1K ( 2.20 lbs.)
- **High jump:** starting Heights are 3' 6" for girls, and 3' 8" for boys. Increments will be every 2" until only 4 jumpers remain and then the increment will be 1".
- High jumper must stay in complete the high jump before moving on to additional field events. If they are
  in another field event, they must check in and return to the high jump until they have completed their
  jumps. They must then return to their other field event. If they are in a running event, they should run
  then immediately return to the high jump. The athletes should inform the official when they are ready to
  jump but this must be not be more than 10 minutes.







### COVID — 19 2020-2021 Anthony High School



| Date:  |
|--|
| Sport:   |
| School:  |
|  |
| THIS VERIFIES ALL RELEVANT PERSONNEL PRESENT HAV |
| BEEN SCREENED AND CLEARED FOR PARTICIPATION.     |
| Coach's Name                                     |
|  |
| Coach's Signature                                |