

**Region 7 Tri Meet - Uintah & Payson @ Cedar Valley - 3/23/2022**  
**Cedar Valley High School**  
**Results**

**Event 3 Girls 100 Meter Hurdles**

Name	Year School	Finals	H#
Finals			
1 Cook, Brei	Payson HS	18.42	1
2 Hartman, Bekah	Payson HS	18.53	1
3 Stott, Arisna	Cedar Valley HS	19.29	1
4 Reall, Sadie	Cedar Valley HS	19.47	1
5 Mobbs, Alex	Payson HS	19.50	1
6 Vongphakdy, Alexis	Cedar Valley HS	20.38	2
7 Strasburg, Lillian	Uintah HS	20.66	2
8 Sillito, Emery	Cedar Valley HS	20.92	2
9 Muhlestein, Taylor	Cedar Valley HS	21.16	1
10 Jensen, Alexis	Cedar Valley HS	21.64	2
11 Oyler, Logan	Payson HS	21.74	1
12 Smith, Sarah	Payson HS	22.21	2
13 Johnson, Kynzie	Payson HS	23.11	2
14 Porter, Makenzie	Cedar Valley HS	23.25	1
15 Buttars, Hannah	Cedar Valley HS	25.96	2

**Region 7 Tri Meet - Uintah & Payson @ Cedar Valley - 3/23/2022****Cedar Valley High School****Results****Event 4 Boys 110 Meter Hurdles**

Name	Year	School	Finals	H#
1 Johnson, Trevin		Cedar Valley HS	16.51	1
2 Flinders, Benson		Cedar Valley HS	16.87	1
3 Christensen, Chase		Cedar Valley HS	17.15	1
4 Olson, Ethan		Payson HS	17.26	1
5 Jakins, Clayson		Cedar Valley HS	18.20	1
6 Baker, Kekai		Cedar Valley HS	19.32	1
7 Proctor, Carson		Cedar Valley HS	19.60	1
8 Reynoso, Juan		Payson HS	21.33	2
9 Huber, Drew		Uintah HS	22.73	2
10 Grady, Gavin		Uintah HS	26.55	2

**Region 7 Tri Meet - Uintah & Payson @ Cedar Valley - 3/23/2022**  
**Cedar Valley High School**  
**Results**

**Event 5 Girls 100 Meter Dash**

Name	Year School	Finals	H#
1 Nielson, Olivia	Payson HS	13.17	1
2 Hudson, Gabrielle	Cedar Valley HS	13.31	1
3 Woodbury, Kelsey	Cedar Valley HS	13.45	1
4 Thomas, Emberlee	Payson HS	13.64	2
5 Savage, Sophie	Payson HS	13.71	1
6 Coxson, Ashlyn	Uintah HS	13.74	1
7 Cook, Brei	Payson HS	14.00	2
8 Mobbs, Alex	Payson HS	14.03	1
9 Hartman, Bekah	Payson HS	14.14	1
10 Wardle, Brynnley	Cedar Valley HS	14.21	1
11 Lauber, Rae	Cedar Valley HS	14.33	2
12 Campbell, Winnabel	Payson HS	14.36	2
13 Wineera, Tei	Uintah HS	14.51	2
14 MacDonald, Olivia	Payson HS	14.58	2
15 Gordon, Natalie	Payson HS	14.64	3
16 Perry, Cyritti	Uintah HS	14.65	5
17 Oyler, Logan	Payson HS	14.65	2
18 Cofran, Jaylee	Payson HS	14.72	2
19 Ulwelling, Cailynn	Uintah HS	14.83	5
20 Sillito, Avery	Cedar Valley HS	14.89	3
21 Barber, Dani	Payson HS	15.03	3
21 Jensen, Alexis	Cedar Valley HS	15.03	3
23 Reed, Jordyn	Uintah HS	15.15	5
24 Sillito, Emery	Cedar Valley HS	15.32	3
25 Gleason, Kambri	Uintah HS	15.33	5
26 Richards, Lizzie	Uintah HS	15.44	5
27 Perkins, Makenzie	Cedar Valley HS	15.57	3
28 Johnson, Kynzie	Payson HS	16.23	4
29 Miller, Macey	Uintah HS	16.74	5
30 Pengra, Gabrielle	Cedar Valley HS	16.76	3
31 Davies, Amelia	Uintah HS	16.77	4
32 Sizemore, Kamryn	Uintah HS	16.80	4
33 Webber, Chloe	Cedar Valley HS	16.88	4
34 Merrell, Ashlynn	Uintah HS	17.02	5
35 Estes, Jady	Cedar Valley HS	17.06	5
36 Norman, Oakley	Cedar Valley HS	17.71	4
37 Muhlestein, Catie	Cedar Valley HS	18.28	4

**Region 7 Tri Meet - Uintah & Payson @ Cedar Valley - 3/23/2022**  
**Cedar Valley High School**  
**Results**

**Event 6 Boys 100 Meter Dash**

Name	Year School	Finals	H#
1 Spanheimer, Denver	Payson HS	11.41	1
2 Proctor, Carson	Cedar Valley HS	11.59	2
3 Jordan, Jayden	Cedar Valley HS	11.63	1
4 Killian, Gavin	Cedar Valley HS	11.67	1
5 Swasey, Cooper	Payson HS	11.74	1
5 Salter, Grant	Cedar Valley HS	11.74	1
7 Provstgaard, Hunter	Payson HS	11.85	2
8 Rodrigues, Joao	Cedar Valley HS	11.92	1
9 Evans, Tanner	Cedar Valley HS	11.99	2
10 Charles, Andrew	Payson HS	11.99	1
11 Nelson, Ethan	Payson HS	12.06	2
12 Morrill, Benjamin	Payson HS	12.24	2
13 Wilson, Guy	Uintah HS	12.31	5
14 Bybee, Landon	Cedar Valley HS	12.32	3
15 Hansen, Taygen	Cedar Valley HS	12.34	6
16 Henline, Zack	Uintah HS	12.35	3
17 Jakins, Brayden	Cedar Valley HS	12.46	3
18 Murray, Jake	Uintah HS	12.48	4
19 Dillon, Nicholas	Cedar Valley HS	12.48	6
20 Linthalath, Elias	Cedar Valley HS	12.57	3
21 Christensen, Quin	Payson HS	12.60	2
22 Seely, Bucky	Cedar Valley HS	12.66	6
23 Carwin, John	Cedar Valley HS	12.68	3
24 Barney, Layton	Cedar Valley HS	12.73	4
25 Christensen, Cole	Cedar Valley HS	12.91	4
26 Hill, Gavin	Cedar Valley HS	12.97	3
27 Shill, Jacob	Cedar Valley HS	12.98	4
28 Hawkes, Camden	Uintah HS	13.20	4
29 Lott, Mason	Uintah HS	13.29	5
30 Reynoso, Juan	Payson HS	13.34	4
31 Glad, Gavin	Cedar Valley HS	13.53	6
32 Ahotaeiloa, Jonah	Cedar Valley HS	14.80	5
33 Shimakonis, Davin	Cedar Valley HS	14.98	5
34 Glad, Taylor	Cedar Valley HS	16.85	5

**Region 7 Tri Meet - Uintah & Payson @ Cedar Valley - 3/23/2022**  
**Cedar Valley High School**  
**Results**

**Event 7 Girls 4x200 Meter Relay**

School	Finals
1 Payson HS 'A'	1:57.99
1) Campbell, Winnabel	2) Toone, Natalie
3) MacDonald, Olivia	4) Nielson, Olivia
2 Uintah HS 'A'	2:03.14

**Region 7 Tri Meet - Uintah & Payson @ Cedar Valley - 3/23/2022**  
**Cedar Valley High School**  
**Results**

**Event 8 Boys 4x200 Meter Relay**

School	Finals
1 Uintah HS 'A'	1:44.74
-- Cedar Valley HS 'A'	DQ
1) Hill, Collin	2) Paluso, Gio
3) Brady, Felipe	4) Shill, Jacob
-- Payson HS 'A'	DQ
1) Charles, Andrew	2) Ivers, Tanner
3) Swasey, Cooper	4) Spanheimer, Denver

**Region 7 Tri Meet - Uintah & Payson @ Cedar Valley - 3/23/2022**  
**Cedar Valley High School**  
**Results**

**Event 9 Girls 1600 Meter Run**

Name	Year School	Finals
1 McKenna, Reagan	Payson HS	5:48.87
2 Huntington, Autumn	Payson HS	5:55.14
3 Christensen, Madeleine	Payson HS	6:28.09
4 Rasmussen, Tori	Payson HS	6:30.46
5 Irish, Morgan	Uintah HS	6:40.19
6 Edwards, Eden	Payson HS	6:41.45
7 Anderson, Laura	Uintah HS	6:42.20
8 Kenworthy, Ciceily	Cedar Valley HS	6:58.62
9 Pray, Ashley	Payson HS	7:03.02
10 Whitney, Sophia	Payson HS	7:17.96
11 Pyles, Aurora	Cedar Valley HS	7:19.11
12 Greenwood, Savannah	Cedar Valley HS	7:38.49
13 Flora, Eden	Cedar Valley HS	7:42.20

**Region 7 Tri Meet - Uintah & Payson @ Cedar Valley - 3/23/2022**  
**Cedar Valley High School**  
**Results**

**Event 10 Boys 1600 Meter Run**

Name	Year School	Finals	H#
1 Rasmussen, Caden	Payson HS	4:40.41	1
2 Haughton, Evan	Cedar Valley HS	5:03.81	1
3 Toone, Thomas	Payson HS	5:05.58	1
4 Anderson, David	Uintah HS	5:14.47	1
5 Rooney, Samuel	Cedar Valley HS	5:15.77	1
6 Bolander, Joshua	Cedar Valley HS	5:19.62	1
7 Cheshire, Joshua	Uintah HS	5:20.50	2
8 Frey, Jeremiah	Cedar Valley HS	5:21.46	1
9 Bowden, Slade	Uintah HS	5:25.21	2
10 Westphal, Kaden	Cedar Valley HS	5:27.11	1
11 Hadlock, Adam	Uintah HS	5:27.94	2
12 Hadlock, Caleb	Uintah HS	5:30.11	2
13 Mears, Noah	Cedar Valley HS	5:34.78	1
14 Carr, Preston	Payson HS	5:35.75	1
15 Taysom, Landen	Cedar Valley HS	5:36.73	1
16 Anderson, Damon	Payson HS	5:38.20	1
17 Shannon, Cade	Cedar Valley HS	5:38.81	1
18 Ward, Cole	Payson HS	5:39.72	1
19 Cowie, Isaac	Payson HS	5:40.26	1
20 King, Spencer	Payson HS	5:41.34	1
21 Morrill, Isaac	Payson HS	5:45.37	1
22 Cowie, Alex	Payson HS	5:47.25	2
23 Bolander, Joseph	Cedar Valley HS	5:49.95	2
24 Sampson, Gideon	Cedar Valley HS	5:53.77	2
25 Marvin, Jackson	Payson HS	5:58.60	2
26 Rogers, Adison	Cedar Valley HS	6:07.49	2
27 Garside, Tayden	Cedar Valley HS	6:07.89	2
28 Glad, Gavin	Cedar Valley HS	6:08.93	2
29 Glad, Taylor	Cedar Valley HS	6:49.80	2



**Region 7 Tri Meet - Uintah & Payson @ Cedar Valley - 3/23/2022**  
**Cedar Valley High School**  
**Results**

**Event 11 Girls 4x100 Meter Relay**

School	Finals
1 Payson HS 'A'	55.09
1) Hartman, Bekah	2) Cook, Brei
3) Savage, Sophie	4) Nielson, Olivia
2 Uintah HS 'A'	1:04.70

**Region 7 Tri Meet - Uintah & Payson @ Cedar Valley - 3/23/2022**  
**Cedar Valley High School**  
**Results**

**Event 12 Boys 4x100 Meter Relay**

School	Finals
1 Cedar Valley HS 'A'	45.08
1) Salter, Grant	2) Proctor, Carson
3) Derrick, Bentley	4) Killian, Gavin
2 Payson HS 'A'	45.98
1) Charles, Andrew	2) Nelson, Ethan
3) Provstgaard, Hunter	4) Spanheimer, Denver
3 Uintah HS 'A'	51.49

**Region 7 Tri Meet - Uintah & Payson @ Cedar Valley - 3/23/2022**  
**Cedar Valley High School**  
**Results**

**Event 13 Girls 400 Meter Dash**

Name	Year School	Finals	H#
1 Toone, Natalie	Payson HS	1:06.36	1
2 O'Neal, Lily	Cedar Valley HS	1:08.27	1
3 Fowler, Kennedy	Cedar Valley HS	1:09.02	1
4 Wallace, Macy	Cedar Valley HS	1:09.53	1
5 Gordon, Natalie	Payson HS	1:10.32	1
6 Gleason, Kambri	Uintah HS	1:11.08	2
7 Irish, Morgan	Uintah HS	1:13.78	2
8 Perry, Cyritti	Uintah HS	1:14.32	2
9 Jensen, Alexis	Cedar Valley HS	1:14.75	2
10 Perkins, Makenzie	Cedar Valley HS	1:16.44	1
11 Webber, Chloe	Cedar Valley HS	1:24.47	2

**Region 7 Tri Meet - Uintah & Payson @ Cedar Valley - 3/23/2022**  
**Cedar Valley High School**  
**Results**

**Event 14 Boys 400 Meter Dash**

Name	Year School	Finals	H#
1 Frey, Jacob	Cedar Valley HS	52.97	1
2 Escalante, Diego	Cedar Valley HS	53.94	1
3 Hansen, Cooper	Cedar Valley HS	54.02	1
4 Butler, Dallin	Cedar Valley HS	54.23	1
5 Anderson, Luke	Cedar Valley HS	55.56	3
6 Ivers, Tanner	Payson HS	55.57	1
7 Lockwood, Brady	Cedar Valley HS	56.68	1
8 Linthalath, Ezekial	Cedar Valley HS	57.22	2
9 Mears, Noah	Cedar Valley HS	57.62	2
10 Carwin, John	Cedar Valley HS	59.74	2
11 Murray, Jake	Uintah HS	59.89	2
12 Bromley, Chad	Cedar Valley HS	59.99	1
13 Barney, Layton	Cedar Valley HS	1:00.17	2
14 Sidwar, Mason	Cedar Valley HS	1:01.04	2
15 Seely, Bucky	Cedar Valley HS	1:01.97	2
16 Webb, Clayton	Cedar Valley HS	1:02.15	2
17 Brady, Felipe	Cedar Valley HS	1:02.76	3
18 Welch, Kayson	Cedar Valley HS	1:14.71	3
-- Norton, Gavin	Cedar Valley HS	DNF	1

**Region 7 Tri Meet - Uintah & Payson @ Cedar Valley - 3/23/2022****Cedar Valley High School****Results****Event 15 Girls 300 Meter Hurdles**

Name	Year School	Finals	H#
1 Cook, Brei	Payson HS	52.14	1
2 Stott, Arisna	Cedar Valley HS	54.95	1
3 Reall, Sadie	Cedar Valley HS	55.17	1
4 Hartman, Bekah	Payson HS	55.56	1
5 Muhlestein, Taylor	Cedar Valley HS	1:00.45	2
6 Vongphakdy, Alexis	Cedar Valley HS	1:00.89	1
7 Porter, Makenzie	Cedar Valley HS	1:04.62	2
8 Sampson, Brinley	Uintah HS	1:05.13	2
9 McKeachnie, Susana	Uintah HS	1:07.37	1
10 Strasburg, Lillian	Uintah HS	1:16.97	2

**Region 7 Tri Meet - Uintah & Payson @ Cedar Valley - 3/23/2022**  
**Cedar Valley High School**  
**Results**

**Event 16 Boys 300 Meter Hurdles**

Name	Year	School	Finals	H#
1 Johnson, Trevin		Cedar Valley HS	44.76	1
2 Flinders, Benson		Cedar Valley HS	45.05	1
3 Olson, Ethan		Payson HS	45.70	1
4 Proctor, Carson		Cedar Valley HS	45.77	1
5 Baker, Kekai		Cedar Valley HS	45.80	2
6 Christensen, Chase		Cedar Valley HS	48.82	2
7 Evans, Tanner		Cedar Valley HS	49.12	1
8 Jakins, Clayson		Cedar Valley HS	50.13	1
9 Anderson, Brodie		Uintah HS	54.49	1
10 Bowden, Slade		Uintah HS	57.28	2
11 Huber, Drew		Uintah HS	57.62	1
12 Grady, Gavin		Uintah HS	1:01.57	2

**Region 7 Tri Meet - Uintah & Payson @ Cedar Valley - 3/23/2022**  
**Cedar Valley High School**  
**Results**

**Event 17 Girls 200 Meter Dash**

Name	Year School	Finals	H#
1 Woodbury, Kelsey	Cedar Valley HS	27.97	1
2 Hudson, Gabrielle	Cedar Valley HS	28.52	4
3 Coxson, Ashlyn	Uintah HS	28.95	1
4 Mobbs, Alex	Payson HS	29.02	1
5 Savage, Sophie	Payson HS	29.03	2
6 Toone, Natalie	Payson HS	29.45	1
7 Thomas, Emberlee	Payson HS	29.50	2
8 Fowler, Kennedy	Cedar Valley HS	29.59	3
9 Wardle, Brynnley	Cedar Valley HS	29.91	3
10 Wineera, Tei	Uintah HS	30.13	1
11 Schauerhamer, Michaela	Cedar Valley HS	30.42	1
12 Perry, Cyritti	Uintah HS	30.43	4
13 Wallace, Macy	Cedar Valley HS	30.61	2
14 Campbell, Winnabel	Payson HS	30.65	2
15 MacDonald, Olivia	Payson HS	30.67	3
16 Wallace, Sophie	Cedar Valley HS	30.89	1
17 Barber, Dani	Payson HS	31.19	2
18 Ulwelling, Cailynn	Uintah HS	31.26	4
19 Oyler, Logan	Payson HS	31.26	2
20 Reed, Jordyn	Uintah HS	31.37	4
21 Gleason, Kambri	Uintah HS	31.87	4
22 Ellinger, Kierra	Cedar Valley HS	32.72	3
23 Webber, Chloee	Cedar Valley HS	33.42	4
24 Munoz, Tateleigh	Uintah HS	35.67	3

**Region 7 Tri Meet - Uintah & Payson @ Cedar Valley - 3/23/2022**  
**Cedar Valley High School**  
**Results**

**Event 18 Boys 200 Meter Dash**

Name	Year School	Finals	H#
1 Spanheimer, Denver	Payson HS	23.38	1
2 Swasey, Cooper	Payson HS	23.88	1
3 Frey, Jacob	Cedar Valley HS	23.92	3
4 Hansen, Cooper	Cedar Valley HS	24.10	1
5 Jordan, Jayden	Cedar Valley HS	24.16	2
6 Hill, Collin	Cedar Valley HS	24.24	1
7 Rodrigues, Joao	Cedar Valley HS	24.44	4
8 Charles, Andrew	Payson HS	24.78	1
9 Killian, Gavin	Cedar Valley HS	24.89	5
10 Ivers, Tanner	Payson HS	25.18	1
11 Salter, Grant	Cedar Valley HS	25.54	3
12 Hill, Gavin	Cedar Valley HS	25.82	2
13 Hansen, Taygen	Cedar Valley HS	26.24	4
14 Barney, Layton	Cedar Valley HS	26.26	3
15 Murray, Jake	Uintah HS	26.29	5
16 Dillon, Nicholas	Cedar Valley HS	26.39	4
17 Bromley, Chad	Cedar Valley HS	26.51	2
18 Remington, Tyler	Uintah HS	26.61	2
19 Lott, Mason	Uintah HS	26.87	2
20 Christensen, Cole	Cedar Valley HS	27.48	2
21 Webb, Clayton	Cedar Valley HS	27.57	4
22 Shill, Jacob	Cedar Valley HS	27.87	2
23 Hawkes, Camden	Uintah HS	27.93	4
24 Simmons, Madux	Uintah HS	28.45	5
24 Anderson, Brodie	Uintah HS	28.45	3
26 Larsen, Turner	Payson HS	28.94	4
27 Grady, Gavin	Uintah HS	29.32	3
28 Glad, Taylor	Cedar Valley HS	35.40	3



**Region 7 Tri Meet - Uintah & Payson @ Cedar Valley - 3/23/2022**  
**Cedar Valley High School**  
**Results**

**Event 19 Girls 800 Meter Run**

Name	Year School	Finals
1 McKenna, Reagan	Payson HS	2:38.24
2 O'Neal, Lily	Cedar Valley HS	2:45.73
3 Anderson, Laura	Uintah HS	2:59.30
4 Christensen, Madeleine	Payson HS	3:04.06
5 Edwards, Eden	Payson HS	3:06.29
6 Kenworthy, Ciceily	Cedar Valley HS	3:06.69
7 Mitchell, Hailey	Payson HS	3:08.59
8 Whitney, Sophia	Payson HS	3:20.23
9 Pray, Ashley	Payson HS	3:21.31
10 Finch, Katelyn	Payson HS	3:22.86
11 Flora, Eden	Cedar Valley HS	3:40.10
12 Norman, Oakley	Cedar Valley HS	3:43.96

**Region 7 Tri Meet - Uintah & Payson @ Cedar Valley - 3/23/2022**  
**Cedar Valley High School**  
**Results**

**Event 20 Boys 800 Meter Run**

Name	Year School	Finals	H#
1 Rasmussen, Caden	Payson HS	2:05.72	1
2 Anderson, Luke	Cedar Valley HS	2:07.73	1
3 Sidwar, Mason	Cedar Valley HS	2:13.14	1
4 Kroff, Spencer	Cedar Valley HS	2:13.39	1
5 Lockwood, Brady	Cedar Valley HS	2:15.62	1
6 Milligan, James	Cedar Valley HS	2:17.31	2
7 Toone, Thomas	Payson HS	2:22.25	1
8 Bolander, Joshua	Cedar Valley HS	2:23.86	2
9 Hadlock, Adam	Uintah HS	2:24.95	2
10 Cheshire, Joshua	Uintah HS	2:26.69	2
11 Hadlock, Caleb	Uintah HS	2:28.87	2
12 Rooney, Samuel	Cedar Valley HS	2:31.74	2
13 Cowie, Alex	Payson HS	2:32.26	2
14 Morrill, Isaac	Payson HS	2:32.51	2
15 Anderson, Damon	Payson HS	2:34.16	2
16 Cowie, Isaac	Payson HS	2:35.21	1
17 Carr, Preston	Payson HS	2:35.61	1
18 Wilson, Orion	Payson HS	2:35.75	1
19 Garside, Tayden	Cedar Valley HS	2:50.48	2
20 Sampson, Gideon	Cedar Valley HS	2:52.93	1

**Region 7 Tri Meet - Uintah & Payson @ Cedar Valley - 3/23/2022**

**Cedar Valley High School**

**Results**

**Event 21 Girls 3200 Meter Run**

Name	Year School	Finals
1 Huntington, Autumn	Payson HS	12:55.61

**Region 7 Tri Meet - Uintah & Payson @ Cedar Valley - 3/23/2022****Cedar Valley High School****Results****Event 22 Boys 3200 Meter Run**

Name	Year School	Finals
1 Anderson, David	Uintah HS	11:05.81
2 Freeman, Matthew	Cedar Valley HS	11:35.92
3 Taysom, Landen	Cedar Valley HS	12:13.52
4 Shannon, Cade	Cedar Valley HS	12:28.76
5 Marvin, Jackson	Payson HS	15:54.54

**Region 7 Tri Meet - Uintah & Payson @ Cedar Valley - 3/23/2022**

**Cedar Valley High School**

**Results**

**Event 23 Girls 4x400 Meter Relay**

School	Finals
1 Payson HS 'A'	4:45.74
1) Toone, Natalie	2) Huntington, Autumn
3) Rasmussen, Tori	4) McKenna, Reagan
2 Cedar Valley HS 'A'	4:58.85
1) Woodbury, Kelsey	2) Sampson, Eliza
3) Ballard, Anne	4) Hudson, Gabrielle
3 Cedar Valley HS 'C'	5:04.18
1) Schauerhamer, Michaela	2) O'Neal, Lily
3) Jensen, Alexis	4) Wallace, Sophie
4 Uintah HS 'A'	5:07.35

**Region 7 Tri Meet - Uintah & Payson @ Cedar Valley - 3/23/2022**  
**Cedar Valley High School**  
**Results**

**Event 24 Boys 4x400 Meter Relay**

School	Finals
1 Payson HS 'A'	3:50.47
1) Nelson, Ethan	2) Olson, Ethan
3) Rasmussen, Caden	4) Ivers, Tanner
2 Cedar Valley HS 'A'	3:56.63
1) Frey, Jacob	2) Proctor, Carson
3) Johnson, Trevin	4) Christensen, Chase
3 Cedar Valley HS 'E'	4:00.66
1) Lockwood, Brady	2) Flinders, Benson
3) Bromley, Chad	4) Killian, Gavin
4 Cedar Valley HS 'C'	4:01.28
1) Escalante, Diego	2) Hill, Gavin
3) Barney, Layton	4) Baker, Kekai
5 Cedar Valley HS 'B'	4:01.53
1) Norton, Gavin	2) Hill, Collin
3) Jordan, Jayden	4) Derrick, Bentley
6 Cedar Valley HS 'D'	4:02.93
1) Hansen, Cooper	2) Salter, Grant
3) Evans, Tanner	4) Jakins, Clayson
7 Uintah HS 'A'	4:19.10

**Region 7 Tri Meet - Uintah & Payson @ Cedar Valley - 3/23/2022****Cedar Valley High School****Results****Event 25 Girls High Jump**

Name	Year School	Finals
1 Porter, Makenzie	Cedar Valley HS	4-04.00
1 Reyes, Isabella	Cedar Valley HS	4-04.00
3 Emfield, Elise	Cedar Valley HS	4-00.00
3 Pengra, Gabrielle	Cedar Valley HS	4-00.00

**Region 7 Tri Meet - Uintah & Payson @ Cedar Valley - 3/23/2022**  
**Cedar Valley High School**  
**Results**

**Event 26 Boys High Jump**

Name	Year School	Finals
1 Stoddard, Jacob	Cedar Valley HS	6-00.00
2 Romans, Samuel	Cedar Valley HS	5-08.00
2 Butler, Dallin	Cedar Valley HS	5-08.00
4 Wilson, Guy	Uintah HS	5-02.00
5 Warren, Dallin	Payson HS	5-00.00
6 Mortensen, Cooper	Payson HS	4-10.00
6 Hall, Jacob	Cedar Valley HS	4-10.00
8 Alcorn, David	Cedar Valley HS	4-08.00
-- Ahotaeiloa, Jonah	Cedar Valley HS	NH
-- Reynoso, Juan	Payson HS	NH
-- Colmenares, Treysen	Uintah HS	NH
-- Sellick, Nate	Cedar Valley HS	NH



**Region 7 Tri Meet - Uintah & Payson @ Cedar Valley - 3/23/2022****Cedar Valley High School****Results****Event 27 Girls Pole Vault**

Name	Year School	Finals
1 Reall, Sadie	Cedar Valley HS	7-06.00
2 Holyoak, Taylee	Cedar Valley HS	7-00.00
2 Sillito, Avery	Cedar Valley HS	7-00.00
4 Wardle, Kwynncey	Cedar Valley HS	6-06.00
5 McClellan, Halley	Cedar Valley HS	5-06.00
5 Sillito, Emery	Cedar Valley HS	5-06.00

**Region 7 Tri Meet - Uintah & Payson @ Cedar Valley - 3/23/2022****Cedar Valley High School****Results****Event 28 Boys Pole Vault**

Name	Year School	Finals
1 Bybee, Landon	Cedar Valley HS	11-00.00
2 Evans, Tanner	Cedar Valley HS	9-06.00
3 Ahotaeiloa, Jonah	Cedar Valley HS	6-00.00

**Region 7 Tri Meet - Uintah & Payson @ Cedar Valley - 3/23/2022**  
**Cedar Valley High School**  
**Results**

**Event 29 Girls Long Jump**

Name	Year School	Finals	H#
1 Thomas, Emberlee	Payson HS	14-04.75	2
2 Reyes, Isabella	Cedar Valley HS	14-01.00	1
2 Schauerhamer, Michaela	Cedar Valley HS	14-01.00	3
4 Mobbs, Alex	Payson HS	13-05.50	2
5 Savage, Sophie	Payson HS	13-01.50	3
6 McClellan, Halley	Cedar Valley HS	12-09.00	1
7 Campbell, Winnabel	Payson HS	12-08.50	2
8 Wallace, Sophie	Cedar Valley HS	12-01.00	1
9 Oyler, Logan	Payson HS	12-00.50	2
10 Holyoak, Taylee	Cedar Valley HS	11-11.50	1
11 Estes, Jadyne	Cedar Valley HS	10-11.00	1
12 Emfield, Elise	Cedar Valley HS	9-09.00	1

**Region 7 Tri Meet - Uintah & Payson @ Cedar Valley - 3/23/2022**  
**Cedar Valley High School**  
**Results**

**Event 30 Boys Long Jump**

Name	Year School	Finals	H#
1 Jordan, Jayden	Cedar Valley HS	18-06.50	2
2 Henline, Zack	Uintah HS	17-09.75	2
3 Evans, Tanner	Cedar Valley HS	17-07.50	1
4 Salter, Grant	Cedar Valley HS	17-02.25	1
5 Warren, Dallin	Payson HS	17-01.00	2
6 Wilson, Guy	Uintah HS	16-09.75	1
7 Jakins, Brayden	Cedar Valley HS	16-01.25	1
8 Sellick, Nate	Cedar Valley HS	15-11.50	1
9 Jakins, Clayson	Cedar Valley HS	15-08.75	1
10 Morrill, Benjamin	Payson HS	15-03.00	2
11 Mortensen, Cooper	Payson HS	15-01.00	2
12 King, Spencer	Payson HS	14-05.75	3
13 Hall, Jacob	Cedar Valley HS	14-05.00	3
14 Alcorn, David	Cedar Valley HS	14-01.25	3
15 Colmenares, Treysen	Uintah HS	13-11.00	3
16 Reynoso, Juan	Payson HS	13-06.75	1

**Region 7 Tri Meet - Uintah & Payson @ Cedar Valley - 3/23/2022**  
**Cedar Valley High School**  
**Results**

**Event 31 Girls Discus Throw**

Name	Year School	Finals
1 Young, Brinsley	Payson HS	71-00.50
2 Swensen, Audrey	Cedar Valley HS	69-02.50
3 Christensen, Paityn	Uintah HS	64-06.50
4 Moore, Bailee	Cedar Valley HS	63-05.50
5 Bake, Emily	Uintah HS	63-05
6 Lauber, Rae	Cedar Valley HS	63-03
7 Morton, Abby	Uintah HS	63-00.50
8 Spackman, Reece	Cedar Valley HS	62-07.50
9 Rice, Elizabeth	Cedar Valley HS	61-02
10 Mathews, Emma	Payson HS	60-09.50
11 Morton, Alexis	Uintah HS	58-09
12 Mills, Lindsey	Payson HS	55-10
13 Hansen, Kailey	Payson HS	53-09.50
14 Urban, Alison	Payson HS	47-09
15 Dudley, Addison	Uintah HS	43-03
16 Sizemore, Kamryn	Uintah HS	42-00
17 Quinones, Ashley	Cedar Valley HS	31-00
18 Milam, Elsie	Cedar Valley HS	4.75

**Region 7 Tri Meet - Uintah & Payson @ Cedar Valley - 3/23/2022**  
**Cedar Valley High School**  
**Results**

**Event 32 Boys Discus Throw**

Name	Year School	Finals
1 McLelland, Shane	Payson HS	103-06
2 Rasmussen, Ethan	Cedar Valley HS	98-01.50
3 Rasmussen, Luke	Cedar Valley HS	94-10.50
4 Fetuao, Alama	Cedar Valley HS	92-05
5 Smith, Kolten	Cedar Valley HS	90-00
6 Cook, Zayden	Payson HS	87-09
7 Smith, Kanen	Cedar Valley HS	87-07
8 Linde, Kellen	Cedar Valley HS	82-08
9 Porter, Johnathan	Uintah HS	78-02
10 Peterson, Connor	Cedar Valley HS	77-06.50
11 Blauer, Bridger	Payson HS	76-06
12 El Halta, Zackary	Cedar Valley HS	76-04.50
13 Del Billar, Omar	Payson HS	72-11
14 Provstgaard, Hunter	Payson HS	70-01.50
15 Mears, Michael	Cedar Valley HS	66-00
16 Marquez, Carlos	Cedar Valley HS	65-08
17 McKay, Carsten	Uintah HS	65-03.50
18 Shimakonis, Davin	Cedar Valley HS	63-02.50
19 Beddes, Ben	Payson HS	63-01
20 Orr, Michael	Cedar Valley HS	60-05
21 Kolste, Nolan	Cedar Valley HS	51-01.50
22 Baugh, Hunter	Cedar Valley HS	49-11
23 Hawkins, Taysen	Uintah HS	44-02

**Region 7 Tri Meet - Uintah & Payson @ Cedar Valley - 3/23/2022**  
**Cedar Valley High School**  
**Results**

**Event 33 Girls Javelin Throw**

Name	Year School	Finals
1 Moore, Bailee	Cedar Valley HS	76-06.25
2 Glines, Chloe	Uintah HS	71-08.50
3 Young, Brinsley	Payson HS	71-00
4 Bake, Emily	Uintah HS	66-00.50
5 Miller, Macey	Uintah HS	54-00
6 Lauber, Rae	Cedar Valley HS	52-06
7 Hansen, Kailey	Payson HS	50-10
8 Spackman, Reece	Cedar Valley HS	50-00
9 Rice, Elizabeth	Cedar Valley HS	49-07
10 Gordon, Natalie	Payson HS	49-04.50
11 Swensen, Audrey	Cedar Valley HS	47-01
12 Milam, Elsie	Cedar Valley HS	43-11.50
13 Mills, Lindsey	Payson HS	41-05
14 Urban, Alison	Payson HS	40-00.50
15 Merrell, Ashlynn	Uintah HS	38-07.50
16 Dudley, Addison	Uintah HS	33-01
17 McKeachnie, Susana	Uintah HS	32-07.50
18 Quinones, Ashley	Cedar Valley HS	25-08.50
19 Muhlestein, Catie	Cedar Valley HS	18-09.50

**Region 7 Tri Meet - Uintah & Payson @ Cedar Valley - 3/23/2022**  
**Cedar Valley High School**  
**Results**

**Event 34 Boys Javelin Throw**

Name	Year School	Finals
1 McLelland, Shane	Payson HS	138-00.50
2 Simmons, Madux	Uintah HS	133-09
3 Blauer, Bridger	Payson HS	112-03.50
4 Colmenares, Treysen	Uintah HS	107-08
5 Kenzelo, Remek	Uintah HS	106-09.50
6 Rasmussen, Ethan	Cedar Valley HS	101-07.50
6 Fetuao, Alama	Cedar Valley HS	101-07.50
8 Provstgaard, Hunter	Payson HS	98-09
9 Smith, Kanen	Cedar Valley HS	96-02
10 Linde, Kellen	Cedar Valley HS	95-05
11 Rasmussen, Luke	Cedar Valley HS	92-04
12 Johnson, Zachary	Cedar Valley HS	87-10.50
13 Mears, Michael	Cedar Valley HS	87-09.50
14 Seely, Bucky	Cedar Valley HS	87-04
15 Del Billar, Omar	Payson HS	85-02
16 Rhoades, Kyler	Uintah HS	82-00
17 Huber, Drew	Uintah HS	81-09
18 Smith, Kolten	Cedar Valley HS	73-06
19 Marquez, Carlos	Cedar Valley HS	72-02.50
20 Henline, Zack	Uintah HS	69-03
21 Hawkins, Taysen	Uintah HS	65-09.50
22 Shimakonis, Davin	Cedar Valley HS	65-06
23 Hall, Jacob	Cedar Valley HS	62-06
24 Baugh, Hunter	Cedar Valley HS	60-09.50
25 Alcorn, David	Cedar Valley HS	59-09



**Region 7 Tri Meet - Uintah & Payson @ Cedar Valley - 3/23/2022**  
**Cedar Valley High School**  
**Results**

**Event 35 Girls Shot Put**

Name	Year School	Finals
1 Lauber, Rae	Cedar Valley HS	28-07.00
2 Swensen, Audrey	Cedar Valley HS	25-11.50
3 Rice, Elizabeth	Cedar Valley HS	25-07.50
4 Spackman, Reece	Cedar Valley HS	22-11.00
5 Mathews, Emma	Payson HS	22-07.00
6 Bake, Emily	Uintah HS	21-03.00
7 Moore, Bailee	Cedar Valley HS	21-02.00
8 Morton, Alexis	Uintah HS	20-09.00
9 Morton, Abby	Uintah HS	19-07.00
10 Christensen, Paityn	Uintah HS	19-04.50
11 Milam, Elsie	Cedar Valley HS	18-02.00
12 Glines, Chloe	Uintah HS	17-07.50
13 Sizemore, Kamryn	Uintah HS	16-05.00
14 Sampson, Brinley	Uintah HS	15-11.00
15 Muhlestein, Catie	Cedar Valley HS	13-08.50
16 Quinones, Ashley	Cedar Valley HS	12-08.00

**Region 7 Tri Meet - Uintah & Payson @ Cedar Valley - 3/23/2022**  
**Cedar Valley High School**  
**Results**

**Event 36 Boys Shot Put**

Name	Year School	Finals
1 Cook, Zayden	Payson HS	39-08.50
2 Peterson, Connor	Cedar Valley HS	39-08.00
3 Porter, Johnathan	Uintah HS	35-07.50
4 McLelland, Shane	Payson HS	35-07.00
5 Beddes, Ben	Payson HS	34-11.50
6 Smith, Kanen	Cedar Valley HS	34-03.50
6 Blauer, Bridger	Payson HS	34-03.50
8 Johnson, Zachary	Cedar Valley HS	33-02.00
8 Rasmussen, Ethan	Cedar Valley HS	33-02.00
10 Fetuao, Alama	Cedar Valley HS	32-11.00
11 Rasmussen, Luke	Cedar Valley HS	32-04.00
12 Del Billar, Omar	Payson HS	32-01.50
13 Orr, Michael	Cedar Valley HS	32-01.00
14 Linde, Kellen	Cedar Valley HS	30-08.00
15 Rhoades, Kyler	Uintah HS	29-09.00
16 McKay, Carsten	Uintah HS	28-07.00
17 El Halta, Zackary	Cedar Valley HS	26-01.00
18 Kenzelo, Remek	Uintah HS	25-10.50
19 Marquez, Carlos	Cedar Valley HS	25-01.50
20 Smith, Kolten	Cedar Valley HS	25-01.00
21 Mears, Michael	Cedar Valley HS	24-08.50
22 Shimakonis, Davin	Cedar Valley HS	21-09.50
23 Baugh, Hunter	Cedar Valley HS	21-08.75