## 2023 Airshow Invitational @ Cedar Valley April 19<sup>th</sup>, 2023

## Estimated Schedule of Events \*ROLLING SCHEDULE\*

## **TRACK EVENTS**

2:30 – 4x800m Relay (1 Heat Girls – 1 Heat Boys)
2:55 – Girls 100m Hurdles Timed Finals (8 Heats)
3:20 – Boys 110m Hurdles Timed Finals (5 Heats)
3:40 – Girls 100m Dash Timed Finals (11 Heats)
4:00 – Boys 100m Dash Timed Finals (11 Heats)
4:25 – 4x200m Relay (1 Heats Girls – 1 Heats Boys)
4:35 – Girls 1600m Run Timed Finals (3 Heats)
5:10 – Boys 1600m Run Timed Finals (2 Heats)
5:35 – 4x100m Relay (2 Heats Girls – 2 Heats Boys)
5:45 – Girls 400m Dash Timed Finals (5 Heats)
6:00 – Boys 400m Dash Timed Finals (9 Heats)
6:25 – Girls 300m Hurdles Timed Finals (7 Heats)
6:45 – Boys 300m Hurdles Timed Finals (5 Heats)
7:00 – Girls 200m Dash Timed Finals (10 Heats)
7:30 – Boys 200m Dash Timed Finals (10 Heats)
7:35 – Girls 800m Run Timed Finals (2 Heats)
7:45 – Boys 800m Run Timed Finals (4 Heats)
8:00 – Girls 3200m Run Timed Finals (1 Heat)
8:15 – Boys 3200m Run Timed Finals (1 Heat)
8:30 – 4x400m Relay (1 Heat Girls – 1 Heat Boys)

## **FIELD EVENTS**

Flights organized **LONG** to **SHORT** – 3 attempts, **no finals**Mark the **FIRST** legal attempt, even if attempt doesn't clear the hog-line.
PV & HJ Bars should progress to State Qualifying marks.

2:30 – Boys Shotput (Min line: 34')	2:30 – Girls High Jump (Bar Starts at 4'4")
2:30 – Boys Javelin (Min line: 110')	2:30 – Pole Vault (Open Pit: Starts at 6'0")
2:30 – Girls Discus (Min line: 70')	2:30 – Boys Long Jump (Min line: 18')
5:30 – Boys Discus (Min line: 95')	5:30 – Boys High Jump (Bar Starts at 5'4")
5:30 – Girls Shotput (Min line: 25')	5:30 – Girls Long Jump (Min line: 14')
5:30 – Girls Javelin (Min line: 75')	