



Information

April 14, 2023

- Start Times:** 12:30pm: Coaches Meeting
1:00pm: Start of Field Events
1:30pm: Start of Track Events
- Place:** Union High School Track
850 Lagoon St. Roosevelt, UT
- Awards:** Medals for top 6 finishers in all event
Team Trophies for first place and second place.
- Cost:** \$75 per team, \$150 for both, or \$7.50 per athlete
- Scoring:** Top 8 Places (10,8,6,5,4,3,2,1)
Only 4x100 and 4x400 relays will be scored due to several classifications in attendance
- Registration:** Register online through runnercard.com.
Deadline: Thursday, April 13th at 8pm.
Race Day Registration Changes are NOT allowed.
- Field Events:** Top 9 to finals following the flights.

2023 Strata Invitational Event Schedule

Coaches Meeting at 12:30pm

Running Events

Girls First, then Boys

Starting at 1:30pm

Medley Relay

4x800

100/110m Hurdles

100m

4x200

1600m

400m

4x100

300m Hurdles

800m

200m

3200m

4x400

Field Events

Starting at 1:00pm

Girls Long Jump

Boys High Jump

Girls Shot Put

Boys Discus

Girls Javelin

Starting following the finals of 1:00pm field events

Boys Long Jump

Girls High Jump

Boys Shot Put

Girls Discus

Boys Javelin