



## Information

**April 18, 2023**

- Start Times:** 2:50pm: Coaches Meeting  
3:00pm: Start of Field Events  
3:30pm: Start of Track Events
- Place:** Union High School Track  
850 Lagoon St. Roosevelt, UT
- Awards:** Medals for top 3 finishers in all events
- Cost:** \$60 per team, \$120 for both, or \$5 per athlete
- Scoring:** Based on the number of teams in attendance, we will score based off the NFHS rulebook.  
Only 4x100 and 4x400 relays will be scored due to several classifications in attendance
- Registration:** Register online through [runnercard.com](http://runnercard.com).  
Deadline: Tuesday, April 17th at 8pm.  
**Meet Day Registration Changes are NOT allowed.**
- Field Events:** 4 attempts, no final.

# 2023 Strata Underclassmen Event Schedule

Coaches Meeting at 2:50 pm

## **Running Events**

**Girls First, then Boys**

**Starting at 3:30pm**

Medley Relay

4x800

100/110m Hurdles

100m

4x200

1600m

400m

4x100

300m Hurdles

800m

200m

3200m

4x400

## **Field Events**

**Starting at 3:00pm**

Girls Long Jump

Boys High Jump

Girls Shot Put

Boys Discus

Girls Javelin

**Following the conclusion of previous event**

Boys Long Jump

Girls High Jump

Boys Shot Put

Girls Discus

Boys Javelin