

USA Track & Field Developmental Meet

Youth, Open, & Masters Saturday, June 5, 2021 Juab HS 802 N 650 E Nephi, UT

Any questions contact - Tony (801) 641-9567

<u>9:00 a.m.</u> Packet/Bib # Pickup - Coaches will have your Bib # if you are with a club. If you are Unattached, you can pick it up at Registration.

9:30 a.m. Field Events

Long Jump 8 & Und G/B 9-10 G/B, 11-12 G/B, 13-14 G/B 15-18 G/B & Master

Javelin 15-18 B & Master, 13-18 G & 13-14 B, 11-12 G/B, 8-10 G/B

High Jump Will Start at 3'0" and raise the bar in 2" increments – come in at the height you need to. Get marks

before we begin and let officials know when you are coming in so you can get your warm-ups in

11:30 a.m. Field Events

Discus 11-12G/B, 13-14G/B, 15-16G/B, 17-18W/M, Open/Masters

Shot Put 8 & Under G/B, 9-14 G & 9-12B, 13-14 B & 15-18 G, 15-18 B & Masters

11:30 a.m. - Track Events

1500m Run All Age Divisions - 8 & under G/B – 17-18 W/M, Open/Masters

110m Hurdles 15-16B(39"), 17-18M(39"), Open/Masters

100m Hurdles 15-16G(33"), 17-18W(33"), 13-14B(33"), 13-14G(30"), Open/Masters

80m Hurdles 11-12G(30"), 11-12B(30")

100m Dash All Age Divisions - 8 & under G/B – 17-18 W/M, Open/Masters

4x100m Relay All Age Divisions - 8 & under G/B – 17-18 W/M

400m Dash All Age Divisions - 8 & under G/B – 17-18 W/M, Open/Masters

3000m Run 11-12G/B, 13-14G/B, 15-16G/B, 17-18W/M

200m Hurdles 13-14G(30"), 13-14B(30")

400m Hurdles 15-16B(36"), 17-18M(36"), 15-16G(30"), 17-18W(30"), Open/Masters 800m Run All Age Divisions - 8 & under G/B – 17-18 W/M, Open/Masters 200m Dash All Age Divisions - 8 & under G/B – 17-18 W/M, Open/Masters

4x400m Relay All Age Divisions - 8 & under G/B – 17-18 W/M

<u>Next Week is our Association Meet at UVU</u> Registration must be done online on athletic.net and should be open shortly.

DON"T FORGET YOU MUST HAVE A CURRENT USATF MEMBERSHIP.

However, due to system issues with all the changes this year, if you have not had your Birth Certificate verified you will still be allowed to register and compete in the Association meet. You will need to get those verified for the Regional/National Meets so try to get those done asap.