2022 HERRIMAN INVITATIONAL

WHEN: March 19th, 2022

START TIME

Weigh-ins: 8:00am @ southwest side of the stadium

Field Events: 9:00 am

Track Events: 9:00 am

WHERE: Herriman High School

SPECTATOR ENTRY: $2 per person

REGISTRATION: (on Runnercard) Please have all entries in by midnight on March 17th.

ENTRY FEE: $200 total (includes both boys and girls teams) or $5 per athlete.

General Information

* Pre-entries are due by midnight March 17th..
* Weigh-in will take place on Southwest side of the stadium.
* Individual athletes are limited to 4 events, including relays.
* Team limit on athletes per event: 4 (let me know if you have a deep event and need another spot)
* Field Event Finals (top 9) immediately follow completion of last flight before we flip girls/boys (3 attempts + 3 more in finals)
* Bullpen for track events will be on the field (tent) in the middle of the field.
* Track heats will be Fastest to slowest with Girls heats going first
* Awards: Custom Medals and shirts.
* Field Event participants need to check in and can be moved from flights to accommodate track or other field events.
* Please keep tents away from press box so timing officials have good view
* Javelin has a grass runway.
* Make checks out to Herriman High Track and mail before hand or bring day of
* Concessions will be available
* 4x200, 4x800, and Medley relay will be held for the different classifications.
* Finish the meet with Twinkie Throwers Relay

Any other questions, please email: [jonathan.haag@jordandistrict.org](mailto:jonathan.haag@jordandistrict.org)

Schedule of Events

**Running Events** (9:00am) **Field Events**  (9:00am) **Field Events** (11:30 approx)

100/110 Hurdles Girls High Jump Boys High Jump

100m Dash Boys Discus Girls Discus

1600m Run Girls Shot Put Boys Shot Put

4x200m Relay Girls Javelin Boys Javelin

400m Dash Boys Pole Vault Girls Pole Vault

800m Run Boys Long Jump Girls Long Jump

4x100m Relay \*Boys Pole vault warm up at 8am with 9am start.

300m Hurdles Girls warmup at conclusion of boys competition.

200m Dash

Medley Relay

3200m Run

4x400m Relay

4x800m Relay

Throwers 4x100 Relay