



Meet Schedule

Event	Time
Track opens for warmups & Check-Ins	5:45
Race shop opens	5:45
Opening ceremonies & pacer introductions	6:15
Men's Community 5k	6:30
All Women's 5k	6:55
High School Boy's 5k	7:20
Elite High School Boys	7:45

Heats will be run slow to fast. Tentative schedule—will be adjusted as necessary to accommodate more heats.