



Meet Schedule

5/21/2025

Event		Time
Track opens for warmups & Check-Ins		6:00
Race shop opens		6:00
Opening ceremonies & pacer introductions		6:45
Community Women, Men, and Collegiate Women 5k		7:00
High School Boy's 5k	Heat 1	7:25
	Heat 2	7:47
	Heat 3	8:05
High School Girl's 5k	Heat 1	8:30
High School Boy's 5k	Heat 4	9:00
	Heat 5	9:20
Collegiate Men 5k		9:40
Elite High School Girls	Heat 2	10:00
Elite High School Boys	Heat 6	10:20

Heats will be run slow to fast. Final Schedule.