

# NIGHT OF THE 5000s

## Tentative Meet Schedule

5/20/2026

Event	Time
Track opens for warmups & Check-Ins	6:00
Race shop opens	6:00
Opening ceremonies & pacer introductions	6:45
Community Women, Men, and Collegiate Women 5k	7:00
High School Boy's 5k	Heat 1 7:25
	Heat 2 7:47
	Heat 3 8:05
High School Girl's 5k	Heat 1 8:30
High School Boy's 5k	Heat 4 9:00
	Heat 5 9:20
Collegiate Men 5k	9:40
Elite High School Girls	Heat 2 10:00
Elite High School Boys	Heat 6 10:20

Heats will be run slow to fast. Tentative Schedule.