Gadsden I.S.D. Track Meet

**Hosted by: Santa Teresa Middle School**

Date: February 2, 2019

Time: 9:00 am

Location: Santa Teresa High School @ 100 Airport Road

Contacts: 915-240-5248 (AC) Mr. Wells

Competing Schools: Santa Teresa, Gadsden, Alderete, Anthony

**Deadline for entries made to Runnercard for Santa Teresa Middle School Invite meet by Tuesday , January 29, at 9:00am.**

Information:

* Runnercard deadline will be at 9am on January 29. You may enter scratches for any assigned event. No new entries allowed day of meet.
* Final call is final call. If the athlete/s is/are not on the starting line, they will be disqualified. Coaches, it is your responsibility to have them ready.
* Visiting coaches will be assigned a field event to judge. All tapes and other equipment will be provided from a sign out sheet. Please make sure to sign the equipment back in after your event is completed.
* **Athletes must stay off of the football field**. Coaches please stay away from the starting and finishing areas unless you are a timer. Only those competing in the high jump and relays will be allowed if they are next to compete.
* No metal spikes allowed in the stands. No jewelry of any type allowed. No sunflower seeds, gum, or Gatorade allowed on the track or football field.
* No sports equipment other than those used in the meet. Ex. (footballs, soccer balls, etc.) No boom boxes or music amplifiers.
* Coaches must direct athletes to stay in the areas listed on the layout only.
* Team canopies may be set up only in the area of the check in and trainer canopy.

**List of events:**

The following is what the Athletic Directors agreed to: 800 M. Relay: All runners will stay in their lanes Shot Put: Girls & Boys: 4k (8.81 lbs.)

 Discus: Girls & Boys: 1k (2.20 lbs.)

 Hurdles: Hurdle heights are listed below next to each of the events.

 High jump starting heights for the first meet: 7G-3’6”; 8G- 3’8”; 7B-3’8”; 8B-4’0”--later in the season each meet director can make changes to the starting heights.

 Each host school can decide how and when entries will be due. SEISD, Clint ISD, Fabens ISD, & Gadsden ISD will use Runnercard for entries. Please look for the date & time when entries are due for each meet.

7:45 Teams arrive & coaches make minimal changes to event sheets. 8:45

8:45 **Girls 300 Hurdles (30”)**

9:00 **Boys Running Events (7th, 8th)** **Girls Field Events (3 attempts only)**

 300 Hurdles (30”) 7th Girls Shot Put followed by 8th

2400 Meter Run 8th Girls Discus followed by 7th

400 Relay 7th Girls Long Jump followed by 8th

800 Meters 8th Girls Triple Jump followed by 7th

100 Meters 7th Girls High Jump followed by 8th

 800 Relay

400 Meters

200 Meters

1600 Meters

1600 Relay 1

110 Hurdles (36”)

**Girls Running Events (7th, 8th)** **Boys Field Events (3 attempts only)**

 300 hurdles

100 Hurdles (30”) 7th Boys Shot Put followed by 8th

2400 Meters 8th Boys Discuss followed by 7th

 400 Relay 7th Boys Long Jump followed by 8th

800 Meters 8th Boys Triple Jump followed by 7th

100 Meters

800 relay 7th Boys High Jump followed by 8th

 400 Meters

 200 Meters

1600 Meters

1600 Relay

Judging Responsibilities

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| School/Coach | Event | Tape/rod | Rake  | Issued  | Returned |
| CHS/Hernandez | High jump (B) |  |  |  |  |
| CHS/Hernandez | High jump (G) |  |  |  |  |
| GHS/Smyth | Long jump  |  |  |  |  |
| GHS/Smyth | Triple jump |  |  |  |  |
| STHS/Solis | Shot put (B) |  |  |  |  |
| STHS/Solis | Shot put (G) |  |  |  |  |
| Alderette | Discus (B) |  |  |  |  |
| Gadsden | Discus (G) |  |  |  |  |
| STMS | 1st Exchange | Flag |  |  |  |
| STMS | 2nd Exchange | Flag |  |  |  |
| STMS | 3rd Exchange | Flag |  |  |  |