

Schedule of Events

***TIMES ARE ESTIMATES* Meet will move forward as heats allow.**

11:30 am - 12:00 pm Scratch/Add Meeting located in the stadium press box.

11:45 am - 12:15 pm Weigh in for all throwing events and pole vault.

12:00 pm Coaches Meeting at the shed by the starting line.

12:30 pm All field events.

Girls Pole Vault followed by the Boys

Boys High Jump followed by the Girls

Girls Long Jump followed by the Boys

Boys Triple Jump followed by the Girls

Girls Discus followed by the Boys

Boys Shot Put followed by the Girls

1:00 pm 3200 Meter Relay (Girls/Boys)

Sprint Medley Relay (Girls/Boys)

100 Meter Hurdles (Girls)

110 Meter Hurdles (Boys)

100 Meter Dash (Girls/Boys)

1600 Meter Run (Girls/Boys)

400 Meter Relay (Girls/Boys)

400 Meter Dash (Girls/Boys)

300 Meter Hurdles (Girls/Boys)

800 Meter Run (Girls/Boys)

200 Meter Dash (Girls/Boys)

3200 Meter Run (Girls/Boys)

1600 Meter Relay (Girls/Boys)

ALL TIMES ARE ESTIMATES AND WILL BE ADJUSTED AT THE MEET PROGRESSES!