



Evanston High School

701 West Cheyenne Drive
Evanston, WY. 82930
307-789-0757

2021 Evanston Invite

Wednesday April 28th

- This is a WHSAA sanctioned qualifying track meet.
- Team packets will be available at the coaches meeting held in the sheds located by the starting line. Coaches meeting will be at 12:30 pm.
- Final running event scratch/add will be completed from 11:30 to 12:00 pm in the stadium press box. Field event scratches will be handled at the event.
- Busses can load/unload and park in the North parking lot closest to the track.
- Weigh-in's for the throwing events and pole vault will be held in the sheds located by the starting line. All implements and vaulters must be weighed in between 11:45 am and 12:30 pm. The judges at the shot put and discus rings will visually inspect each implement for verification.
- 3/16 spikes are allowed.
- No team camps allowed on the infield. All teams are responsible to clean up their area at the completion of the meet. Trash bags will be available.
- All races will be timed finals, see order of events.
- **Throws:** Each throwing event will be 3 throws (2-1 format) per athlete with top nine distances moving to finals. Throwers will throw 2 attempts, with the farthest being measured. Minimum Hog Line marks will be used for the next throw, see below. Any third attempt not clearing the minimum distance will not be measured.
 - Boys Shot 35' Girls Shot 25'
 - Boys Discus 90' Girls Shot 60'
- **Horizontal Jumps:** Each participant will be allowed 3 jumps with top nine distances moving to finals.
- **Vertical Jumps:** Starting heights will be determined based upon entries and verified at the coaches meeting prior to the start.
- Concessions will be available.



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Schedule of Events

***TIMES ARE ESTIMATES* Meet will move forward as heats allow.**

11:30 am - 12:15 pm Scratch/Add Meeting located in the stadium press box.

11:45 am - 12:30 pm Weigh in for all throwing events and pole vault.

12:30 pm Coaches Meeting at the shed by the starting line.

1:00pm All field events.

Girls Pole Vault followed by the Boys

Boys High Jump followed by the Girls

Girls Long Jump followed by the Boys

Boys Triple Jump followed by the Girls

Girls Discus followed by the Boys

Boys Shot Put followed by the Girls

1:30 pm 3200 Meter Relay (Girls/Boys)

Sprint Medley Relay (Girls/Boys)

100 Meter Hurdles (Girls)

110 Meter Hurdles (Boys)

100 Meter Dash (Girls/Boys)

1600 Meter Run (Girls/Boys)

400 Meter Relay (Girls/Boys)

400 Meter Dash (Girls/Boys)

300 Meter Hurdles (Girls/Boys)

800 Meter Run (Girls/Boys)

200 Meter Dash (Girls/Boys)

3200 Meter Run (Girls/Boys)

1600 Meter Relay (Girls/Boys)

ALL TIMES ARE ESTIMATES AND WILL BE ADJUSTED AT THE MEET PROGRESSES!