

Coaches Meeting at 9:00 a.m.

TRACK EVENTS

Track Events Start at 9:30 a.m.

Girls' 100 M Hurdles

Boys' 100 M Hurdles

Girls' 100 M Run

Boys' 100 M Run

Girls' 800 M Run

Boys' 800 M Run

Girls' 200 M Run

Boys' 200 M Run

Girls' 400 M Run

Boys' 400 M Run

Girls' 1600 M Run

Boys' 1600 M Run

Girls' 4 x 100 M Relay

Boys' 4x 100 M Relay

Girls' 4x200 M Relay

Boys' 4x200 M Relay

*Note that all racing events are timed finals.

FIELD EVENTS

Start at 9:30 a.m.

Boys' Long Jump

Boys' shot put

Girls' High Jump

Girls Discus

Girls' Softball Throw

Start after completion of first event

Boys' High Jump

Boys' Discus

Boys' Softball Throw

Girls' Long Jump

Girls' Shot Put

*Field events will be 4 attempts.

**Limits ** 4 events per athlete unlimited entries per school except 1 relay per school

