



TELFORD FINANCIAL

INVESTMENTS • RETIREMENT PLANNING • INSURANCE

1st Annual Memorial Day Half Marathon and 5K

May 31, 2004 @ 7:30 am

Barnes Park in West Kaysville, Utah

For additional information including a course map, go to www.runnercard.com, or call the race director.

Race Director - Tom Telford
Phone: 801-525-3034
Email: telfordfinancial@aol.com

The event will include two distances, a 5K and a Half Marathon of 13.1 miles. The 5K is a loop course, with the start and finish at Barnes Park. The Half Marathon is a point-to-point course. The start is at the scenic bird refuge at Farmington Bay in West Farmington. The finish is at Barnes Park in West Kaysville. Buses provided only to the start.

There will be many awards and prizes given for the top over-all men and women finishers of the 5K and 1/2 marathon. There will also be age category winners in each event for men and women. This will not be a cheapskate sponsored event! We want to draw avid runners and we will post the prizes to do so.

Come join us for a great time! The courses are certified, well marked, and a lot of fun!

- Mail in registration must be postmarked by May 24th. Make check payable to Telford Financial.
- Mail to: Tom Telford, 1412 S. Legend Hills Drive, Suite 230, Clearfield, UT 84015
- On-line registration will be available at www.runnercard.com until 8:00 pm MDT on May 30th.

Proceeds go to the Women's Shelter in Kaysville and the Children's Center in Farmington.

Registration Fees:

5K

Early registration - \$12.00 until May 1.
Main registration - \$15.00 from May 2 to May 30th.
Late registration - \$18.00 race morning at Barnes Park.

Half Marathon

Early registration - \$18.00 until May 1.
Main registration - \$21.00 from May 2 to May 30th.
Late registration - \$24.00 race morning at Barnes Park.

- Cut here -

Name: _____ Birthday: ____ - ____ - ____
Mo. Day Yr.

Address: _____ Gender: _____

City: _____ State: _____ Zip: _____ Phone: _____

Age on Race Day: _____ Race: 5K _____ Half Marathon _____

Shirt Size: XXL ___ XL ___ L ___ M ___ S ___ YL ___ YM ___ Amount Paid \$ _____

In consideration of my entry, I, my executors, administrators, and assignees, waive and release Telford Financial on the date of May 31, 2004, all sponsors and others directly or indirectly involved in the event from all rights, claims, liabilities, damages, pain and illness suffered by me while participating in the race. I attest and verify that I am physically fit and have trained to participate in this event. I also understand that all registration fees are NON-REFUNDABLE.

Signature: _____

Date: _____



(If under 18, must be signed by parent or guardian)