West of the Pecos Relays

# March 1, 2013

Coaches:

# Welcome to the West of the Pecos Relays!

Please read the following General Information sheet to answer any questions you might have. Please make sure your athletes are listening for announcements about races, lane assignments, etc. and they follow the rules regarding our facilities. If you have any questions, please call us and we will try to answer them for you.

1. **All food and drinks, except water, must stay in the team camps.**
2. **NO SUNFLOWER SEEDS!!!! It is next to impossible to get them off the field turf.**
3. **Parents and non-participants need to be in the stands to keep traffic to a minimum. (Infield is for coaches and warm-up only)**
4. **Team camps will set up in the stands on the Northeast side.**
5. **Entry fee is $100.00 per team (ex. Varsity and JV boys and girls= $400.00)**
6. **To enter your athletes: (1) Go to Runnercard.com; (2) Click on the link Create Account; (3) Follow the on-screen directions; (4) Once you have created an account, go to the home page and under the High School-Jr High tab search for the West of the Pecos Relays; (5) Click on the meet and then follow the on screen instructions to enter your athletes. Registration will close February 28 at 10:00 PM. If you came to the meet last year, you can enter your user name and password and your roster from last year will be there. There is a button you can click to advance everyone a year. That way, you only have to input kids that are new to your team. The scratch meeting will be in the field house on the South end of the stadium. Meeting will be from 11:00 PM to 12:00 PM.**
7. **There will be a meal deal offered by the Pecos Athletic Booster Club. The meal will be a brisket sandwich, chips, candy bar, and drink for $6.00. If you are interested in this, please email Tracy Shaw at tshaw@pbtisd.esc18.net with the number of meals you would like no later than February 20.**
8. **Meal provided for all coaches, officials, and workers from 4:30 to 5:30.**

**Teams Entered: Fort Stockton, Greenwood, Kermit, Pecos, Presidio, Seminole, Van Horn**

Good Luck with your season!

We look forward to having you in Pecos.

## Chris Henson Christina Mata Derick Price Fax Number

Athletic Director Head Girls Coach Head Boys Coach Pecos Field House

(432) 447-7460 (432) 269-8211 (325) 370-2406 **(432) 447-3076**

# West of the Pecos Relays

# March 2, 2012

**Schedule of Events**

**\*\* All Field Events and Running Events will be rolling starts\*\***

**\*\* JV Field Events will get 4 attempts, no finals\*\***

## \*\*Running prelims start at 12:30 PM along with Pole Vault and High Jump\*\*

**\*\* Field events will begin at the conclusion of the last prelim except for Pole Vault and High Jump\*\***

**Shot Put Discus Long Jump Triple Jump High Jump(12:30) Pole Vault(12:30) (NW Pit) (NE Pit)**

Varsity Boys Varsity Girls JV Boys JV Girls **Varsity Girls (4’6”)** V and JV Girls

JV Boys JV Girls Varsity BoysVarsity Girls **JV Girls (4’) (run together)**

Varsity Girls Varsity Boys JV Girls JV Boys **Varsity Boys (5’6”)** V and JV Boys

JV Girls JV Boys Varsity GirlsVarsity Boys **JV Boys (5’) (run together)**

If your athlete has conflicting field events, or prelims and HJ or PV, have them check in to both events and let the person in charge know they have a conflict. Arrangements will be made to ensure the athlete gets to compete in both.

1:00 PM 3200 Meter Run at Crockett MS. We will have supervision to walk them to the track, it is 2 blocks from the HS track.

12:30 PM **Rolling Schedule**

 100/110 Meter Hurdles

 100 Meter Dash

 400 Meter Dash

 300 Meter Hurdles

 200 Meter Dash

**\*\*Running order will be JV Girls, Varsity Girls, JV Boys, Varsity Boys\*\***

6:00 PM **Rolling Schedule**

# 4 x 100 Throwers Relay (Co-Ed. Must have 2 boys and 2 girls)

4 x 100 Meter Relay

 800 Meter Run

 100 Meter Hurdles

 110 Meter Hurdles

 100 Meter Dash

 4 x 200 Meter Relay

 400 Meter Dash

 300 Meter Hurdles

 200 Meter Dash

 1600 Meter Run

 4 x 400 Meter Relay