**2021 SHS Indoor Track Qualifier #2 Feb. 6 11 am**

**GENERAL INFORMATION AND INSTRUCTIONS**

Bus Parking – Please drop off athletes on the North side of the building and park in the 4 bus parking spaces on the North side of the building or on Slate Street and College Drive on the North side of the building. DO NOT park in the Recreation Center’s parking lots.

**CHECK-IN/SCRATCHES**

Scratches for running events should be made when coaches check in. Scratches for field events may be made at the event site.

**IMPLEMENT & POLE VAULT WEIGH-INS:** Implements weigh-in will begin one hour before the start of the meet. Implements will be weighed-in in the storage room underneath Meet Results room (end of straightaway). Pole vaulters will weigh-in at the double doors to the right of the Training room before the event.

**TOWELS**

Towels will not be furnished.

**LOCKER ROOMS AND VALUABLES**

Locker rooms will be open for all teams. Campbell County School District will not be responsible for any personal belongings or school items lost.

**PARTICIPATION RULES**

The maximum number of events a contestant may enter shall be four (4).

We will adhere to the 2021 NFSHSA Track & Field Rule Book.

**ENTRIES**

Entries will be done on RunnerCard.com. Please have entries completed by Thursday, 2/4/21 at 8:00 pm

**Participants: 150 boys and 150 girls or 300 total**

**\*You may bring ALL of your athletes to this meet.**

.

**FIELD EVENTS** - BEGIN @ 11 A.M.

Field Events Schedule:

These events will begin @ 11:00 a.m.: These events will immediately follow:

Field Events

Girls Long Jump Boys Long Jump

Boys Triple Jump Girls Triple Jump

Girls Shot Put Boys Shot Put

Boys High Jump Girls High Jump

Boys Pole Vault Girls Pole Vault

1. Throwers will be placed in flights. Each thrower will complete 3 throws (2-1) with the top 9 throwers advancing to the finals. Throwers in the finals will complete 3 throws (1-1-1).
2. Triple jump and long jump competitors will receive three (3) attempts, with the top nine (9) competitors advancing to the finals.
3. Pole Vault: Girls Starting Height (6’ 03”) Boys Starting Height – (9’ 03”)
4. High Jump Starting Heights Boys (5’ 01”) Girls (4’ 3”)

**RUNNING EVENTS** - Begin @ 12 pm

GIRLS will run each race first, followed by BOYS.

 \*Time schedule is approximate, we will run ahead if possible.

4 X 800m Relay Finals

55 Hurdle Prelims

55m Prelims

Sprint Medley Relay Finals

1600m Finals

55 Hurdle Finals

55m Finals

4 X 200m Relay Finals

400m Finals

800m Finals

200m Finals

3200m Finals

4 X 400m Relay Finals

**Events** - WHSAA Smart Start Guidelines must be utilized for all events.

* Regular season contests will be limited to no more than 300 high school participants.
* No fans will be allowed during the regular season to assist in social distancing of athletes when not competing.
* Participants **must always** wear face coverings while in the building except when participating in their event.
* Coaches **must always** wear face coverings while in the building.
* Recommend not using baskets at the start line for apparel.
* Participants must leave the finish area after the completion of the race and return to their team camp. Social distancing must always be maintained before and after each race.
* For the shot and discus, athletes may provide their own implements (must pass inspection) and retrieve their own implements after all throws.
* If athletes cannot provide their own implements, then implements should be sanitized between each use.
* In the pole vault, athletes should not share poles. If poles need to be shared by teammates, then the grip should be sanitized between each participant.
* Gloves will be allowed to be used during relays.
* Schools should bring their own batons, or they will need to be disinfected between each heat/race.
* Teams are expected to bring their own water.
* No pre- or post-competition handshakes or fist bumps should take place.
* All event workers **must always wear** face coverings while in the building. Gloves may be worn when appropriate.
* No pre or post contest gatherings should take place to assist in limiting exposure. (i.e. Tailgating, BBQ’s, etc.)
* Athletes may only be on the track when warming up and competing in their event.
* Food is ALLOWED in the team camp area ONLY.