



## 2009 WILDCAT RELAYS RUNNING EVENTS SCHEDULE

---

**Adjusted February 25, 2009**

12:30	Women's 100m Hurdles
12:50	Men's 110m Hurdles
1:10	Women's Steeplechase
1:30	Men's Steeplechase
1:50	Women's Sprint Medley (200-100-100-400)
2:00	Men's Sprint Medley (200-100-100-400)
2:10	Women's 4x800m Relay
2:25	Men's 4x800m Relay
2:45	Women's 400m Hurdles
2:55	Men's 400m Hurdles
3:10	Women's 4x100m Relay
3:20	Men's 4x100m Relay
3:30	Women's Distance Medley (1200-400-800-1600)
3:50	Men's Distance Medley (1200-400-800-1600)
4:10	Women's 4x200m Relay
4:20	Men's 4x200m Relay
4:30	Women's 3,000 Meters
5:00	Men's 3,000 Meters
5:25	Women's 4x400m Relay
5:35	Men's 4x400m Relay

Check in at the clerk area located at the southeast corner of the track facility. Athletes can check in and get their hip numbers any time but have to be at the clerk area fifteen minutes prior to the start of their event.

**Athletes not there on time will not be allowed to compete.**

**Final schedule of events will be posted on the Chico State Track & Field site on Wednesday, February 25th.**



## 2009 WILDCAT RELAYS FIELD EVENTS SCHEDULE

---

### Adjusted February 25, 2009

- 10:00 Women's Shot Put  
Men's Discus  
\* Women's Discus (follows men's discus)  
\* Matt Goss Shot Put (follows Women's Shot Put)
- \* Women's Javelin (follows women's discus)  
\* Men's Hammer (follows men's shot put)  
\* Women's Hammer (follows men's hammer)  
\* Men's Javelin (follows women's javelin)
- 10:00 Women's Pole Vault  
Men's High Jump  
\* Women's High Jump (follows women's high jump)  
\* Men's Pole Vault (follows women's pole vault)
- 10:00 Women's Long Jump  
Men's Long Jump (follows women's long jump)  
\* Women's Triple Jump (follows men's long jump)  
\* Men's Triple Jump (follows men's long jump)

Weigh ins 8:30 a.m. - 10:00 a.m.

### Opening Heights and Minimum Marking Distances

Event	Women	Men
High Jump	1.48/4-8	1.72/5-08
Pole Vault	2.75/9-0	3.97/13-0
Long Jump	4.57/15-0	5.79/19-0
Triple Jump	9.14/30-0	12.19/40-0
Shot Put	9.14/30-0	12.19/40-0
Discus	30.48/100-0	36.58/120-0
Hammer	30.48/100-0	36.58/120-0
Javelin	24.38/80-0	36.58/120-0

\*\* Field events check in at the event site at the 1st call for the event.

\*\*\* Field event athletes in the throws and horizontal jumps will be allowed 4 attempts. Athletes not reaching the minimum distance will have their 1st legal attempt measured and recorded.