**Sheridan/Big Horn Last Chance Meet**

**Schedule of Events**

**Campbell County Recreation Center**

**February 24, 2017**

**11:00** 3200 Meter Run Finals

11:40 55m Hurdles **Finals**

11:50 55m Dash **Finals**

12:10 4 X 200 Meter Relay Finals

12:151600m Finals

30 Minute Lunch Break

1:00 400m Finals

1:15 800m Finals

1:25 200m Finals

1:45 4 X 400m Relay Finals

All running events will be run girls followed by boys

Note that there are **NO** finals for the 55m Hurdles or the 55m Dash

**FIELD EVENTS: Begin at 10:00 in the following order**

Girls Triple Jump (Followed by Boys)

Boys Long Jump (Followed by Girls)

Girls Pole Vault (Followed by Boys)

Girls High Jump (Followed by Boys)

Boys Shot Put (Followed by Girls)

Horizontal Jumps will be run in a “Cafeteria Style” to get athletes in sprint events done earlier

The Vertical Jumps athletes will be run in the “5 alive” format

Throwers will get 4 throws with no finals and we will run it in the 2-1-1 fashion

Scoring will be 10-8-6-5-4-3-2 -1

3/16 pyramid spikes or shorter will be allowed

Alley starts will be used for the 800-1600-3200m events

Timing System will be FINISH LYNX

Results will be available after completion of the meet

All entries will be with RUNNERCARD.COM

The Password will be RAMS in cap letters.

**EVENT WORKER LIST**

FINISH LYNX - Traci Chick and Curt Goehring

TIMERS - 3 Timers from each school

LAP COUNTER - Trisha Evenson

FINISH JUDGE - Chuck Walters

CLERK - Taylor Kelting

STARTER - Tom Holm

LONG JUMP - Aaron Cleare and Andrew Rose

TRIPLE JUMP - Art Baures and Drew Marcure

HIGH JUMP - Kirk McLaughlin

POLE VAULT - Steve Mischke

SHOT PUT - Marshall McEwen, Bobby St. John